



## Follow Through Collective

### 1 Click Away



## Workshops (20-40mins)

Join us for our family workshops where we delve into the intriguing properties of packaging materials through playful movement-based activities and experiments.

In these sessions, participants will have the opportunity to further explore the principles of reducing, reusing, and recycling in a dynamic and enjoyable way. Geared towards KS2 pupils or children aged 6 and above, these workshops offer a creative exploration of these three important concepts.

Through lively and energetic activities, participants will engage directly with materials used in our performance, such as cardboard boxes and paper rolls. Inspired by the performance itself, we'll shift and balance boxes on different body parts, discovering how having less can often lead to more creative movement possibilities.

Moreover, we'll explore various ways to move boxes across the space and even recycle them to create music in collaboration with our composer. Don't miss out on this opportunity to unleash your creativity and have fun while learning about sustainability!

